

THE BRAEMAR VOICE



The Braemar Voice OCTOBER EDITION Staff	
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"QUOTES & JOKES"	Rosemary Castillo
"Typist/Editor"	Annelore Smiles
SPORTS	Tom Langan
<u>A Thought For The Month:</u> "Any truth is better than indefinite doubt".	
The Medford Hamlet 1529 North Ocean Ave. Medford, NY 11763 631-289-0600	

A NOTE FROM THE EDITOR: BY: JUNE PERITORE

Hi! Everyone!

Congratulations go out to Matty Seccafico who we voted as our new president for our Resident Council. Should you have a suggestion to improve something for all of us, she's the one to speak to.

We have a holiday coming up at the end of October on the 31st, it's Halloween! You have ample time to come up with a costume to wear, if you choose to. Why not make a mask, and wear it; just for fun! We're all young at heart, so let's all celebrate once again, at the Hamlet and enjoy being together.

I want to mention to all our new residents that we all don't appreciate our Fire-Drills; but let's face it; they are for our own good. Stay on one side of the room, so the Fireman can come thru with their equipment. We all have to cooperate for a successful drill.

Don't forget about Oktoberfest with Larry the New Yorker, on the 8th in the Dining Room. Come and have some fun. Until next time have a Happy Halloween...



MAKE A DIFFERENCE DAY...

By: Anne Smiles

On October 25th...



Across the country millions of Volunteers join in community services to improve the lives of others, to show that they care. Young people volunteer after school hours in Hospitals, to make patients more comfortable, read to them, or just to chat. Grown up visit elderly people in their neighborhood, do some shopping for them, mow their lawns, clear the yard or help around the house, fixing little things. Others visit the "Lonely" giving them companionship and listen to their troubles. The day is a reminder to help those less fortunate.

However, is it not just on that day but also during the year when people help people.

The city of Belleville, Ill. Grilled a 200-foot-long, 12 pound Bratwurst, complete with a 200-foot bun which brought \$1.600.00 in donations which they gave to local food pantries.

Even you can still make a difference.. We all know that getting old is not easy and that is putting it mildly. People forget that we have lived a full life and experienced more than them and tend to patronize us. All of us need help in one way or another. But.. There is always somebody physically or mentally worth off than you. Take a little time and talk to them, show some kindness, help them find their way around in the building if they're lost. Moving to the "Hamlet" is a big adjustment.... let them know what's is being offered from our Recreation Dept. to help keep them from feeling lonely. It shouldn't just be for one day ... but every day. It will make YOU feel good, not just them. Think about it..... it easily could be y o u who needs some kindness and understanding.

IT'S THAT TIME OF YEAR...

By: Annelore Smiles



Where the witches ride their brooms, the ghosts come to haunt you, the dead rise from their graves, all because over 2002 years ago, the Celtic people living in Ireland believed since the end of October was also the end of the Harvest season and the dark, cold Winter was coming, destruction of the crops and human death would follow. The Ghost's of the dead would rise and bring sickness and would damage the earth for planting new crops. They built bonfires and sacrificed animals all to please the CELTIC GODS. They put bowls of food outside their homes hoping that ghost would be satisfied and not enter. They wore masks when they left their houses after dark so ghosts would not mistake them for fellow spirits. During the Irish potato famine many Irish people immigrated to Europe and the USA and brought the tradition with them ... and that is why we now celebrate HALLOWEEN or also called



"ALL HALLOW'S EVE." It used to be a somber pagan ritual and all that changed into a night of merriment. Now, instead of people putting bowls of food outside their doors, people wait.. For children and young people dressed as animals...or celebrities, hoping to portray the power of that animal, or charm of the person, or are dressed as evil spirits who go knocking on the doors asking for "Treats" or threatening with a "Trick". No one wants regular food anymore, no need.. But the Homeowner better be prepared and have some sweets o r..... He/she may find that a prank was played on their property, and not always a harmless one.

It is too bad that in our lifetime Adults also take advantage, wearing a costume which prevents recognition and who are not interested in sweets, but out to survey the property for later harmful purposes. It is much nicer to be funny ... a Gentleman was shopping in a store and noticed that a broom was left by the register. He hurried outside and asked a lady whom he saw at the register checking out:

"Did you by any chance leave your broom behind "? With an understanding smile she said " NO... I CAME BY CAR!! And both had a big laugh!!!

HAPPY HALLOWEEN TO ALL!!!

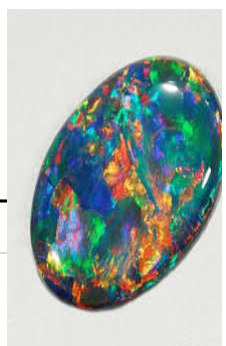
Be a witch or a devil for the day.. You never know what may happen!!!

THE FLOWER AND THE BIRTHSTONE.....

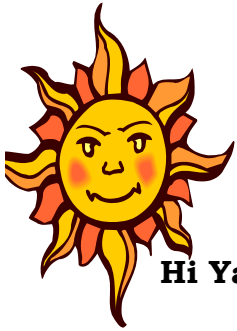
By: Annelore Smiles

Of the month..

are the MARIGOLD, in the most beautiful fall colors,
It is said to have healing powers and was used to treat Bee stings.



The birthstone is the OPAL,
a favorite stone of jewelry designers and gem stone collectors.
It comes in a wide variety of colors to suit almost everyone's taste.
Christmas is coming soon.... do I have to say more????

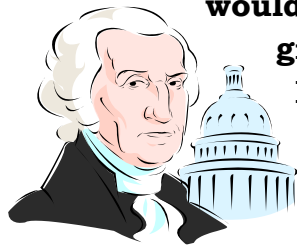


A WORD FROM OUR VERY OWN SUNSHINE LADY

Carol DiGregorio

Hi Ya'll I'm back!

September was a very good month for all of us. I got through my surgery very well thanks to my two daughters, Suzanne and Tina. Both of my daughters were by my side the whole time. I would like to give a special thanks to my doctors as well. My heart is feeling good and I can walk and breathe without stopping. I want to let everyone know that Marjorie is doing very well and is currently at St. Catherine's Rehab. I



would like to send Marjorie our best wishes. We would like to give our best wishes as well to the new cabinet at the Medford Hamlet. Maddie has been named the new president. Olga is our new Vice President. Lisa was nominated as secretary, and June is our new greeter. Just a reminder that we are due to get our flu shots on October 8th. Father Mickie will be returning on October 8th

as well. The service will be held at 10:30 A.M. As far as some of our recreation trips. We went to Corey Beach, Captree State Park, as well as many other favorite shops and eateries. As far as entertainment, we had a visit from Elvis who brought the house down. We also enjoyed participating in Medford Hamlets Got Talent. All the performances were wonderful. Do you think were going to be able to go pumpkin picking this, I love doing that with all my fellow residents. In September I was able to go to Cosco with my daughter Suzanne, I haven't gone to Cosco in 20 years and I basically bought the whole store, I felt like a kid in a candy store, so definetly I got my dark chocolate snack that I like, she also took me to Kohl's where I bought myself two new blouses and bunch of unmentionables. My daughter finally bought me my Roc for my beautifull skin with a bunch of make-up. I'm so greatfull that I have such wonderful kids that looks out for my every need, I guess I did something right in life, cause I'm very proud of my kids. And finally we



had our monthly birthday party with Bobby G. I wish you all a very happy October. I love you all! Till next month, your very own Sunshine Lady.

Carol Digregorio

POETRY CORNER



A POEM DEDICATED TO MY LOVE

BY: MARTY FINK

When someone you love is taken from your arms
 And you have to go on without their charms
 It hurts so bad it makes you sad
 When they get better it makes you glad
 It happened on a terrible Sunday
 A day that should have been a fun day
 Marjorie my love was seriously ill
 Taken to the hospital on the hill
 Now on the mend and getting well
 For a while was like being in hell
 Yesterday we were able to sit together
 She felt as light as a feather
 She leaned over to me fitting like a glove
 We were back together with our endless love
 Now in rehab and on the mend
 I am so happy for my special friend
 Marjorie makes my life worth living
 Her love she just keeps on giving
 Prayers do work I can attest
 All has worked out for the best

Marjorie and I want to thank our families,
 friends
 and Father Mickie for their prayers which

WOW

BY: Mike Ferrigno

It's already October
 And I'm still alive
 Never thought I'd reach the age
 Of good old Ninety-Five
 I have been blessed, most of life
 With my family and a wife
 Off to heaven she did go
 An experience we all know
 I come here to the Hamlet
 To finish out my time
 And met this wonderful lady
 She says she's mine all mine
 "God" gave us both a second chance
 Of which we don't regret
 A romance that most old folks
 Never ever get
 The hey is fun and laughter
 It goes a long long way
 So find someone as I did
 And start it this fine day

have
meant so much to us.

WINGS OF JOY

BY: ROSEMARY CASTILLO

You can Do it!

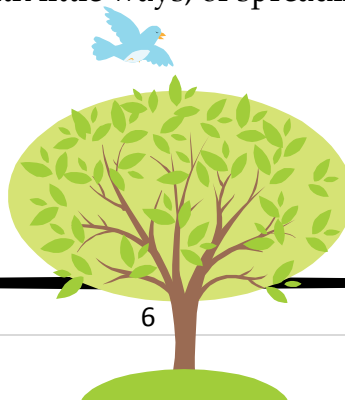
Giving up is easy
When your dreams seem far away
And life is full of obstacles
You face them everyday
But no matter what the challenge,
Some faith can get you through it
So never quit believing...
Just remember you can do it!

Take Your Smile with you

Wherever you go
Keep it bright, use it, for you never know
Who's tired and discouraged, and sadhearted, too,
And waiting for sunshine, and friendship from you!
Keep your smile handy, and pass it along
You'll find in return, you've a heart full song.

Little Ways..

If I can be a candle, that makes some corner bright
I will not ask to be the moon, that brightens all the night.
I might just be one flower, and not a mighty tree
But even one small blossom, can be beautiful to see
So if there's just one someone, whom I can help to bless
I'll be content with little ways, of spreading happiness





QUOTES AND JOKES



By: ROSEMARY CASTILLO

QUOTES:

1. ***“Happiness is good health and a bad memory”.***
2. ***“I saw old Autumn in the misty morn stand shadowless like silence, listening to silence”.***
3. ***“I believe that if one always looked at the skies, one would end up with wings”.***

JOKES

“Johnny, why did you kick your brother in the stomach?” exclaimed the angry mother. “It was pure accident, mama. He turned around.”



Reaching the end of a job interview, the Human Resources Officer asks a young engineer fresh out of the Massachusetts Institute of Technology, “And what starting salary are you looking for?” the engineer replies, “In the of \$125,000 a year, depending on benefits package.” The interviewer inquires, “Well, what would you say to a package of five weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every two years, say, “wow! Are you kidding?” The interviewer replies, “Yeah, but you started it.”



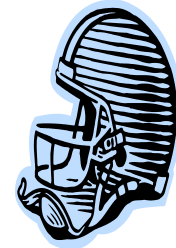
A bus full of ugly people had a head on collision with a truck. When they died, God granted all of them one wish. The first person said, “I want to be gorgeous.” God snapped his fingers and it happened. The second person said the same thing and God did the same thing. This went on and on throughout the group. God noticed the last man in line was laughing hysterically. By the time God got to the last ten people, the last man was laughing and rolling on the ground. When the man’s turn came, he laughed and



said, "I wish they were all ugly again."



SPORTS



By: Tom Langan

THE BEST OF FIVE AMERICAN LEAGUE DIVISIONAL SERIES BEGINS ON TBS (CHANNEL 49) THURSDAY OCTOBER 2ND WITH THE BEST OF FIVE NATIONAL LEAGUE DIVISIONAL SERIES BEGINNING THE FOLLOWING DAY ON FOX SPORTS 1 (CHANNEL 54). GAME 1 OF THE BEST OF SEVEN SERIES FOR THE AMERICAN AND NATIONAL LEAGUE PENNANTS WILL BEGIN FRIDAY OCTOBER 10TH AND SATURDAY OCTOBER 11TH. ALL THE AMERICAN LEAGUE GAMES ARE ON TBS WHILE THE NATIONAL LEAGUE IS ON FOX AND FOX SPORTS 1. THE WORLD SERIES IS SCHEDULED TO BEGIN TUESDAY NIGHT OCTOBER 21ST ON FOX 5 IN THE HOME PARK OF THE AMERICAN LEAGUE CHAMPIONSHIP.

HAPPY BIRTHDAY TO OUR RESIDENTS BORN IN OCTOBER

Joseph Wakie	10/03	Michael Ferrigno	10/04
Dorothy Marck	10/06	Mary Opallo	10/09
Grace Steck	10/10	Rita Marks	10/12
Marie Bartesek	10/12	Maria Aroche	10/14
Joanne Popovich	10/15	Theresa Simonetti	10/16
Pamela Bedell	10/19	William Webb	10/21
Dorothy Canataro	10/23	June Pettersen	10/25



The Craft Corner

Dear Residents:

Come one come all to our Fall Craft Fair on Friday October 10th.

We're raising money for Make-a-Wish Foundation. You'll find creative decoration items such as Jack-O-Lanterns and Trick or Treat logo's that light up. Also Masks you can wear to the Halloween Party!

For Thanksgiving we have Pins, Magnets, Door Hangers and special raffle later in the month.

We would like to welcome our new members Pam, Donna, Winnie and Gail.

All are welcome to join us; bring your own projects or learn something new. New ideas for projects are also welcomed.

**Looking forward to seeing you at the Craft Fair,
The Craft Corner Ladies**

BEFORE IT'S TOO LATE

BY: ANN COLE

IF YOU HAVE A GREY HAired MOTHER
AND YOU LIVE FAR AWAY
SIT YOU DOWN AND WRITE A LETTER
YOU PUT OFF FROM DAY TO DAY

DON'T WAIT UNTIL HER WEARY STEPS
REACH HEAVENS PEARLY GATE
SHOW HER THAT YOU THINK OF HER
BEFORE IT IS TOO LATE

IF YOU HAVE A TENDER MESSAGE
OR A LOVING WORD TO SAY
DON'T WAIT TILL YOU FORGET IT
WHISPER IT TODAY

WE KNOW WHAT BITTER MEMORIES
MAY HAUNT YOU IF YOU WAIT
SO MAKE YOUR LOVED ONES HAPPY
BEFORE IT IS TOO LATE

THE TENDER WORDS UNSPOKEN
THE LETTERS NEVER SENT
THE LONG FORGOTTEN MESSAGES
I LOVE YOU OVER AND
OVER AGAIN DON'T WAIT

A NOTE FROM PAM

I AM PAM BEDELL. PEOPLE HAVE ASKED ME HOW LONG I HAVE LIVED AT THE HAMLET. I TELL THEM A YEAR BUT IT SEEMS LONGER. I HAVE MET MANY NEW PEOPLE HERE.

WHAT'S NEW? MY COUSIN VALERIE, GOT MARRIED TO DENNIS WHO IS A VERY NICE GUY. NICOLE, VALERIE'S DAUGHTER, IS A SENIOR IN HIGH SCHOOL NOW. I HAVE KNOWN HER SINCE SHE WAS A LITTLE BABY. SHE STILL IS A CUTIE.

MY FONDEST MEMORY OF MY FIRST YEAR HERE IS THAT I FINALLY HAD THE CHANCE TO TRY A SLURPEE. I LIKE THEM.

I WILL WRITE MORE WHEN THERE'S SOMETHING NEW TO REPORT. UNTIL THEN. BE HAPPY AND HEALTHY.

LOVE, PAM

US States Word Find Puzzle

Alabama	Idaho	Michigan	South Dakota
Alaska	Illinois	Minnesota	Tennessee
Arizona	Indiana	Mississippi	Texas
Arkansas	Iowa	Missouri	Utah
California	Kansas	Montana	Vermont
Colorado	Kentucky	Nebraska	Virginia
Connecticut	Louisiana	Nevada	Washington
Delaware	Maine	New Hampshire	West Virginia
DC	Maryland	New Jersey	Wisconsin
Florida	Massachusetts	New Mexico	Wyoming
Georgia			
Hawaii			

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A N I L O R A C H T U O S J W P K O A Q J D V
 E S O U T H D A K O T A I H E D R K N D H S E
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Halloween

M	E	E	N	W	O	R	C	E	R	A	C	S	G	A
E	O	M	S	Y	T	F	D	O	O	L	B	R	U	L
P	R	N	U	U	R	L	U	O	H	G	A	T	T	T
C	I	I	S	T	O	A	A	N	D	V	U	J	N	A
A	W	R	P	T	S	H	C	L	E	M	A	S	O	E
R	B	B	A	M	E	O	D	S	N	C	J	P	T	R
N	L	R	A	T	A	R	C	E	K	A	U	O	E	T
I	Y	O	E	T	E	V	T	O	T	M	F	O	L	R
V	D	O	A	W	P	A	L	G	P	N	Y	K	E	O
A	N	M	I	R	C	A	O	K	N	A	U	S	K	K
L	A	T	A	K	N	O	I	T	H	I	R	A	S	C
G	C	N	C	T	D	N	M	A	S	K	L	T	H	I
H	K	A	E	I	L	H	T	S	O	H	G	B	Y	R
S	L	R	E	C	E	M	E	T	E	R	Y	A	O	T
B	N	S	T	O	M	B	S	T	O	N	E	S	H	G

AUTUMN
 BAT
 BLACK CAT
 BLOOD
 BREW
 BROOM
 CANDY
 CARNIVAL
 CEMETERY
 COSTUME
 FUN
 GHOST

GHOUL
 GOBLIN
 GOODIES
 GRAVES
 HAG
 HAUNTED HOUSE
 HAY
 JACK O LANTERN
 MASK
 MONSTER
 PARTY

PIRATE
 PRANKS
 PUMPKIN
 SCARECROW
 SCARY
 SKELETON
 SPOOKS
 TOMBSTONES
 TRICK OR TREAT
 VAMPIRE
 WITCH