

Alzheimer's Awareness Walk brought to residents

On Thursday, October 1st, Braemar at Wallkill brought residents and staff together in support of Alzheimer's disease. Since travel may be difficult for some residents, Braemar held a "memory walk" on their property in Middletown to raise funds for the Alzheimer's Association and create awareness for the disease which affects a growing number of the senior population. The 50 plus people, including 35 residents who participated, were given ribbons and wrist bands of appreciation. After the morning's walk, participants were joined by fellow residents and staff to enjoy the rest of the day's events, including a raffle and live music in the afternoon.

Braemar at Wallkill staff also helped raise funds by going "Casual for a Cause". Employees were encouraged to trade in their uniforms for the day for their own purple attire – the representative color of Alzheimer's – in exchange for a small contribution to the Alzheimer's Association. Collectively, Braemar at Wallkill raised over \$450.00 for the association.

"Our goal is to make a difference for not only our residents, but also the community through unique and meaningful activities. Events, such as Thursday's walk, significantly help raise awareness for Alzheimer's disease and the impact it has on people's lives" said Harold Hildred, director of recreation at Braemar at Wallkill.



Nancy LaTorre, Albertine Retel and Jessica Zanetti
Joan Anderson dances as she reaches the finish line!



Sylvia Kurtz and Kathy Mecca



Beljenny Delacruz and Sarah DeSuze



Joan Bilyeu, Maria Cruz-Dooley and Richard Loomis take the walk together.

Register today for this important workshop!



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Alzheimer's Walk *Continued from previous page*



Mary S. gives a friendly wave after finishing her walk with Haïou Zhu, Jackie Lavandowski, Patty Skrynecki and Annette Aviles.



Vicky Mazurkiewicz serves up the hot coco.



Anne and Maggie

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