

JANUARY 2023

ACTIVITIES CALENDAR

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
1 9:30 Morning Stretch ,P 10:00 New Year Games I, CK 10:30 Bingo SM, DR 10:30 Holiday Coloring I,CK 11:00 Card Games MR,CK 2:30 New Year Karaoke Celebration TM, DR 3:00 Would You Rather? SM,P 5 & 6 Table Games I,2AR 7:15Movie: New Year's Eve I,P 	2 9:30 News & Views TM, CK 10:00 Scrabble GB, N 10:30 Musical Therapy with Vance TM, DR 1:30 Monday Memory Games TM, CK 2:00 Word Games MR, P 2:30 Monday Munchies GB,DR 3:00 Horseracing GB, DR 5 &6 Easy Listening MR,P 7:15 Word Game I, CK 	3 9:15 Exercise! TM, P 9:30 Coffee Talk TM, CK 10:00 Rummikub I,2AR 10:30 The Harbor Church TM, C 10:30 Bingo MR, DR 1:30 Winter Word Search I, CK 2:00 Tuesday Trivia TM,P 2:00 Dominoes I, 2AR 2:30 Afternoon Social MR,DR 3:00 Bingo TM, DR 5 & 6 Parlor Music I,P 7:15 Art Night! MR, CK	4 9:30 Outdoor Walk KM,N 10:00 Craft Corner KM,2AR 10:00 Shop Rite HB, O 10:30 Bingo HB, DR 11:00 Music and Memory MS,P 1:30 Question Ball MS,P 2:00 Rummikubs KM, 2AR 2:00 Dollar Tree HB, O 2 :30 Chips and Giggles HB,DR 2:30 Trivia Challenge! MR, DR 5 &6 Card Games I, 2AR 7:15 Pick a Flick I,P 	5 National Bird Day  9:15 Chairercise TM, P 10:00 Dominoes KM,2AR 10:00 Adult Coloring I, CK 10:30 Rosary TM,C 10:30 For the Birds! TM, CK 1:30 Question Ball MS,P 2:00 Mahjong KM, 2AR 2 :30 Chips and Giggles HB,DR 3:00 Bingo TM, DR 3:00 Memory Games MS, CK 5 &6 Card Games I, 2AR 7:15 Kathy's Choice KM, CK	6 9:30 Morning Walk KM,B 10:00 Resident's Choice KM,2AR 10:00 Technology Workshop MR, CK 10:00 Question Ball EA, P 10:00 Dunkin HB,O 10:30 Bingo GB, DR 1:30 Outdoor Walk GB, N 2:00 Craft Corner KM, 2AR 2:00 Dollar Tree HB,O 2:30 Snack & Relax GB, P 3:00 Bingo SC, DR 7:15 Movie Night I, P 	7 9:30 Morning Stretch TM,P 10:00 Painting& Drawing AE, CK 10:30 Bingo MR, DR 10:30 Word Game Fun TM,P 1:30 Card Games TM,CK 2:30 Mass with Father Mickie MR, DR 2:30 Bingo MR, DR 5&6 Easy Listening I, P 7:15 Card Games I,CK
8 9:30 Coffee Talk TM,CK 10:00 Elvis Fun Facts MR, CK 10:30 Zumba MR, DR 1:30 Scrabble TM, CK 2:30 Snack & Chat MR,DR 2:30 Listen to Elvis SC, P 3:00 Bingo MR, DR 4:00 Parlor Games MR, P 5 &6 Card Games I, CK 7:15 Movie: Elvis I,P Elvis born 1935 	9 9:30 Move to the Music! GB,P 10:00 News & Views TM, CK 10:00 Scrabble GB, N 10:30 Bingo GB, DR 1:30 Monday Memory Games TM, CK 2:30 Monday Munchies GB,DR 3:00 Horseracing GB, DR 5 &6 Easy Listening MR,P 7:15 Word Game I, CK	10 9:15 Exercise! TM, P 9:30 Coffee Talk TM, CK 10:00 Rummikub I,2AR 10:30 Bingo MR, DR 1:30 Word Search I, CK 2:00 Tuesday Trivia TM,P 2:00 Dominoes I, 2AR 2:30 Afternoon Social MR,DR 3:00 Bingo TM, DR 5 & 6 Parlor Music I,P 7:15 Pokeno MR, CK	11 9:15 Walk with Kathy KM,B 10:00 Craft Corner KM,2AR 10:00 Walmart HB, O 10:30 Bingo GB, DR 1:30 Got Milk? Fun Facts MR,CK 2:00 Rummikubs KM, 2AR 1:00 McDonald's HB, O 2 :30 Milk and Cookies Social HB,DR 3:00 Memory Games MS, CK 5 &6 Card Games I, 2AR 7:15 Pick a Flick I,P National Milk Day 	12 9:15 Exercise KM,2AR 10:00 Dominoes KM,2AR 10:00 Adult Coloring I, CK 10:30 Rosary TM,C 10:30 Horseracing GB, DR 1:30 Maze Craze I, CK 2:00 Mahjong KM, 2AR 2:30 Music with Ray Lani TM,DR 4:00 Card Games TM, CK 5 &6 Easy Listening MR,P 7:15 Kathy's Choice KM,CK 	13 9:15 Walk with Kathy KM,B 10:00 Resident's Choice KM,2AR 10:00 Walmart HB, O 10:30 Bingo GB, DR 10:30 Rubber Ducky Fun Facts GB, CK 1:00 McDonald's HB, O 1:30 Dunk Hunt GB, P 2:00 Craft Corner KM, 2AR 2:30 Snack & Relax GB,DR 3:00 Lucky Duck GB, P 5&6 Easy Listening I,P 7:15 Movie Night I, P 	14 9:30 Morning Stretch TM,P 10:00 Word Games TM, CK 10:30 Bingo EA, DR 10:30 Trivia MR, P 1:30 Card Games TM,CK 2:00 Movie Matinee MR, P 2:30 Snack & Chat MR, P 3:00 Karaoke MR, DR 5&6 Easy Listening I, P 7:15 Table Games I,CK
15 9:30 Coffee Talk MR,CK 10:30The Hat Game SE, CK 11:00 Hat Word Search MR, CK 10:30 Bingo MR, DR 10:30 Corn Hole TM, P 2:30 Snack & Chat MR,DR 4:00 Afternoon Stroll TM,N 5 &6 Card Games I, CK 7:15 Movie Night I, 2AR 	16 Martin Luther King Jr. Day  9:30 Move to the Music! GB,P 10:00 News & Views TM, CK 10:00 MLK Quotes GB, CK 10:30 Bingo GB, DR 1:30 Monday Memory Games TM, CK 2:30 Entertainment : Jazz with Tommy Sax TM, DR 4:00 Table Hockey GB, CK 5 &6 Easy Listening MR,P 7:15 Game Night I, CK	17 9:15 Exercise KM,B 9:30 Coffee Talk TM, CK 10:00 Rummikub I,2AR 10:30 Bingo GB,DR 11:00 Puzzles TM, CK 2:00 Tuesday Trivia TM,P 2:00 Dominoes I, 2AR 2:30 Karaoke Social MR, DR 5 & 6 Parlor Games MR, CK 7:15 Art Night! MR, CK	18 9:30 Walk with Kathy KM,B 10:00 Craft Corner KM,2AR 10:15 Reading Grannies @ HARS HB,O 10:30 Bingo TM, DR 1:00 Wendy's HB,O 2:00 Rummikubs KM, 2AR 2 :30 Chips and Giggles HB,DR 3:00 Thesaurus Fun! MR,CK 3:30 Kickball GB, P 5 & 6 Parlor Music I,P 7:15 Movie: Residents Choice I, P Thesaurus Day 	19 9:15 Exercise KM,2AR 10:00 Dominoes KM,2AR 10:00 Popcorn Word Search and Fun Facts I, CK 10:30 Rosary TM,C 10:30 Horseracing GB, DR 1:30 Maze Craze I, CK 2:00 Mahjong KM, 2AR 2:30 Entertainment w/ Donna Lee! TM, DR 5 &6 Easy Listening MR,P 7:15 Kathy's Choice KM,CK Popcorn Day! 	20 9:15 Walk with Kathy KM,B 10:00 Resident's Choice KM,2AR 10:00 Stop & Shop HB, O 10:30 Bingo GB, DR 10:30 Cheesy Fun Facts GB, CK 1:30 Cheese Word Search I,CK 2:00 Craft Corner KM, 2AR 2:30 Cheese & Cracker Social TM,DR 5&6 Easy Listening I,P 7:15 Cheesy Movie I, P Cheese Lover's Day 	21 9:30 Morning Stretch TM,P 10:00 Painting& Drawing AE, CK 10:30 Grace Gospel Church MR, DR 10:30 Word Game Fun TM,P 1:30 Card Games TM,CK 2:30 Mass with Father Mickie MR, DR 2:30 Bingo MR, DR 5&6 Easy Listening I, P 7:15 Card Games I,CK 

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22 9:30 Coffee Talk TM,CK 10:00 Morning Stroll MR, N 10:30 Zumba MR, DR 1:30 Scrabble TM, CK 2:30 Snack & Chat MR,DR 3:00 Bingo MR, DR 4:00 Afternoon Stroll TM,N 5 &6 Card Games I, CK 7:15 Sunday Night @ The Movies I, 2AR 	23  9:30 Move to the Music! GB,P 10:00 News & Views TM, CK 10:00 Handwriting Analysis Fun! MR, CK 10:30 Bingo GB, DR 1:30 Monday Memory Games TM, CK 2:30 Monday Munchies GB,DR 3:00 Horseracing GB, DR 5 &6 Easy Listening MR,P 7:15 Word Game I, CK	24 9:15 Exercise KM,B 9:30 Coffee Talk TM, CK 10:00 Rummikub I,2AR 10:30 Bingo GB,DR 10:30 Peanut Butter Fun Facts TM, DR 1:00 Peanut Butter Word Search I,CK 2:00 Tuesday Trivia TM,P 2:00 Dominoes I, 2AR 2:30 Peanut Butter Cookies MR,DR 2:30 Karaoke Social MR, DR 5 & 6 Parlor Games MR, CK 7:15 Pokeno MR, CK 	25  9:30 Outdoor Walk KM,N 10:00 Craft Corner KM,2AR 10:00 Dollar Tree HB, O 10:30 Bingo HB, DR 11:00 Music and Memory MS,P 1:30 Question Ball MS,P 2:00 Rummikubs KM, 2AR 2:30 Monthly Birthday Party w/ Nina Et cetera TM,DR 3:30 Memory Games MS, CK 5 &6 Card Games I, 2AR 7:15 Pick a Flick I,P	26 9:15 Exercise KM,2AR 10:00 Dominoes KM,2AR 10:00 Adult Coloring I, CK 10:30 Rosary TM,C 10:30 Horseracing GB, DR 1:30 Maze Craze I, CK 2:00 Mahjong KM, 2AR 2:30 Resident Council Meeting TM, DR 2:30 Chips & Giggles GB, P 3:00 Scrabble TM, CK 5 &6 Easy Listening MR,P 7:15 Kathy's Choice KM,CK 	27 9:30 Morning Walk KM,B 10:00 Resident's Choice KM,2AR 10:00 Reminisce TM, CK 10:00 Balloon Volley EA, P 10:00 Dunkin Donuts HB,O 10:30 Bingo GB, DR 1:00 Wendy's HB,O 1:30 Corn Hole GB, P 2:00 Craft Corner KM, 2AR 2:30 Chocolate Cake Social GB,DR 3:00 Question Ball TM,DR 7:15 Movie Night I, P 	28 9:30 Morning Stretch SC,P 10:00 Painting& Drawing MR, CK 10:30 Bingo EA, DR 10:30 Outdoor Stroll TM,N 11:00 Puzzles TM, CK 1:30 Card Games TM,CK 2:30 Snack & Chat MR, P 2:30 Kazoo Karaoke SC, DR 5&6 Easy Listening I, P 7:15 Card Games I,CK 
29 9:30 Coffee Talk TM,CK 10:00 Puzzle Time! MR, CK 10:30 Bingo MR, DR 1:30 Scrabble TM, CK 2:30 Entertainment w/ Mark Eisemann SC,DR 4:00 Afternoon Games TM,CK 5 &6 Card Games I, CK 7:15 Sunday Night @ The Movies I, 2AR 	30  9:30 Move to the Music! GB,P 10:00 News & Views TM, CK 10:00 Scrabble GB, N 10:30 Bingo GB, DR 11:00 Fun & Games SC, P 1:30 Monday Memory Games TM, CK 2:30 Elvis is in the Building!!! Elvis impersonator Steve Mitchell TM, DR 5 &6 Easy Listening MR,P 7:15 Word Game I, CK	31 9:15 Exercise KM,B 9:30 Coffee Talk TM, CK 10:00 Rummikub I,2AR 10:30 Bingo GB,DR 11:00 Hot Cocoa Word Search TM, CK 2:00 Tuesday Trivia TM,P 2:00 Dominoes I, 2AR 2:30 Karaoke MR, DR 2:30 Hot Chocolate Social GB, DR 5 & 6 Parlor Games MR, CK 7:15 Art Night! MR, CK 	Recreation Director: TM, Tammy Murphy Aides: EA, Elizabeth Akinola GB, Gloria Boston HB, Huseyin Bozok SC, Sharell Covington TM, Tracey Matos KM , Kathryn Moeller MR, Mareah Robado	Location Key B – Around Building O- Outing P – Parlor/Pub C- Chapel CK – Country Kitchen DR – Dining Room DRP- Dining Room Patio 2AR- 2nd Floor Activity Room L – Library N – Nature (outside) I –Independent Activity	WEARING IS CARING  MASKS PROTECT OUR FRIENDS	**If you have questions call: Recreation Director Tammy Murphy #1-631-947-2304 tmurphy@braemarliving.com Programs last approximately one hour. All programs are subject to change.



Visitation

*** Visitation hours are 9am-9pm each day. Masks must be worn. Upon entry all visitors will be screened for COVID symptoms, including a temperature check. Visitation can be in the resident room, lounge area on each resident unit, outside on the patio, or in the Country Kitchen. NO VISITOR IS PERMITTED IN THE DINING ROOM OR WELLNESS AREA.

Recreation Outings

***Sign-up sheets are located in Tammy's office. At this time we will take 7 residents per outing. If a person on the main list is unable to join us, there will be a sign-up section for alternates.

